

COME TO THE WATER

HOLY SPIRIT RETREAT CENTER
Vol.11. No. 1
Spring/Summer 2010



MISSION OF THE CENTER

Holy Spirit
Retreat Center,
grounded
in the Gospel
as expressed
in the
Franciscan Spirit,
offers hospitality
and opportunities
for spiritual
growth
for all persons
regardless of
religious
affiliation or
financial status.

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**Sponsored by
the Sisters
of Saint Francis
Rochester,
Minnesota.**

**Holy Spirit
Retreat Center,
welcomes people
of all faiths
to come
for awhile
to listen
and respond
to the
Spirit of God
speaking within.**

PONDERINGS IN THE SILENCE

Telling stories, journaling, sketching – ways we capture and encode our experiences, observations, and feelings into memories that transcend time, language, and culture. We wish to share with you a reflection of one who made her way to a hermitage at HSRC during the month of September 2009. Marita Johnson, OSF

"My life is a work in progress. In this moment I must say goodbye to my companions of the week.

Goodbye, cushioned rocker – thank you for your caress as I read, and wrote, and pondered...

Goodbye, little gypsy goldfinch – I will remember your lesson – REST – even as others flit and fitter – doze, and rest, and dream...

Goodbye, steady wind. Lick the lake into waves; push the golden prayer flags of autumn into a spiral dance...;

Goodbye inky black choir boys – crickets singing the last long songs before winter...

Goodbye, chipmunks foraging, possum sniffing, feral cat stalking outside the porch door...

Goodbye, candlelight and incense curtain...

Goodbye, all... This disciple heads home and carries you all in her heart... Until next time, Jacoba...

Blessed be..... Peace."

Anonymous



SPIRITUAL DIRECTION

Sister JoAnn Haney and Sister Monique Schwartz are trained in Spiritual Direction and are available for persons who wish to meet on an individual basis to reflect on their spiritual journey. Call 507-234-5712 for an appointment.

CALENDAR:

Lenten Retreat
February 24

Book Discussion:
March 3,10,17,24 and
31.

Volunteer Day
May 15

Ice Cream Social
May 16
2 p.m.-4 p.m.

SUMMER RETREATS
June 6-12, 2010
The Beloved

June 27-July 3
Francis & Peacemaking

DIRECTED RETREAT
August 26-29, 2010

To Contact us:

Holy Spirit Retreat Center
3864 420th Avenue
Janesville, MN 56048
507-234-5712
e-mail: retreat@frontiernet.net
Visit us on the web:
www.rochesterfrancisan.org

*Spring has never
missed its coming.
No matter what
the Fall and Winter!*

OUR WISH LIST:

Holy Spirit Retreat Center has need for the following:

- ❖ 3 way compact fluorescent bulbs
- ❖ 60 watt compact fluorescent bulbs
- ❖ Thistle seed for finch feeders and suet
- ❖ Donations for kitchen equipment

Thank you to all of you that responded to our last wish list. We appreciate your generous response.



About the Center

A peaceful environment in a rural setting

Located on the shore of Lake Elysian

34 acres: woods and walking paths

A place of natural beauty

Hermitage space in the woods for solitude

Spiritual Direction

**Eighteen-bedroom Retreat Center for
retreats and conferences**

Outdoor Labyrinth

**A haven for birds, herons, pelicans and
other small animals**

2010 Spring/Summer Programs

FEBRUARY

A Retreat Day – Experiencing the HOLY at the Intersections of Life's Journey

**Date: Wednesday - February 24, 2010
9:30am to 3:30pm**

**Facilitators: Ss. Marita Johnson, Monique Schwartz,
and JoAnn Haney, OSF**

In the stillness of winter, come and enjoy a day of input and quiet reflection time to find the HOLY in all things. There will be time for personal prayer and group reflection including lunch.

Suggested Donation: \$20.00

Location: Retreat Center

**Call: 507-234-5712 or e-mail:
retreat@frontiernet.net**

MARCH

Book Discussion and Sharing:

THE NAKED NOW: Learning to See

as the Mystics See - by Richard Rohr

**Dates: Wednesdays of March 3, 10, 17, 24 & 31.
1:00pm - 3:00pm**

**Facilitators: Ss. Marita Johnson, OSF
Monique Schwartz, OSF and JoAnn Haney, OSF.**

"The Naked Now is a deep breath of fresh air. Richard Rohr invites us to slow down and to find God, or to be found by God, in all the places we never thought to look." - Jim Wallis

Drawing from the Gospels and the greatest Christian contemplatives, Richard shows us what it means to be spiritually awake.

COME AND ENJOY AWAKENING!

**Suggested Donation: (\$14.00 for book)
Series: \$40.00 - Per session: \$8.00**

MAY

Location: Retreat Center -To reserve your copy please register by Feb. 19th. Call 507-234-5712 or e-mail retreat@frontiernet.net. Read through p. 38 for the first session.

SPRING VOLUNTEER WORKDAY

The Spring Volunteer workday is set for Saturday, May 15th beginning at 9:00 a.m. with prayer together near the lakeside. Our day usually ends by early afternoon. All are invited for lunch at the Retreat Center. Our work will be outside: gardening, planting, trimming and all the things that come with preparing the grounds for new life. We'd love to have you join us!

If you can help please call us at 507-234-5712 by May 7. No one who calls later will be refused! Thank You!



In Memorium

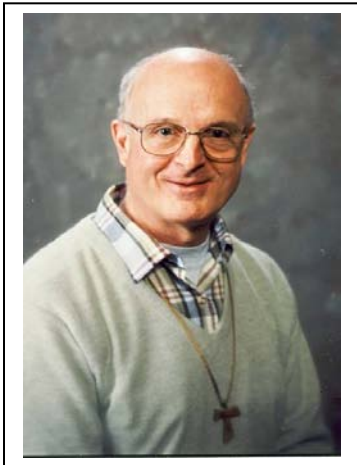
We remember Carl Genz who died unexpectedly October 26, 2009. Carl was a member of the Holy Spirit Retreat Center Advisory Board since 2003 and Chair of the Board for several years. We are grateful for his generous support of the ministry at Holy Spirit. We continue to hold his wife, Joanne, in prayer.

Summer 2010 Week-Long Retreats

Becoming the Beloved Disciple of John's Gospel

Date: Sunday, June 6, 2010 (7:00 pm) through Saturday, June 12 (noon)
Presenter: Dan Crosby, OFM, Cap.

For many years we took for granted that the "Beloved Disciple" who appears in the latter chapter of John's Gospel is John himself, the evangelist. Most recent Scripture scholars have begun to question this. They are telling us that the "Beloved Disciple" was a real disciple but deliberately unnamed so that all of us who read these passages might be able to discover ourselves within them. This retreat will linger over all these passages of John's Gospel to find the richness they contain for a deeper following of Jesus in our own lives.



Dan Crosby is a member of the Capuchin Franciscan Province of St. Joseph. Ordained in 1964, his life has been enriched by a variety of ministries and cultures, from college campus ministry and teaching to pastoring inner city and reservation parishes. Wherever he has ministered,

Dan has worked to integrate Scripture as well as the Franciscan vision into his life and preaching. Elected to Provincial leadership by his community, he is presently director of St. Anthony Retreat Center in Marathon, Wisconsin. He has been a spiritual director and well-received retreat master throughout the country for his entire priestly life.

Limited to 18 persons
Registration needed by: May 14, 2010
Cost: \$400.00
(overnight, retreat fee, and meals)

In the Spirit of Francis of Assisi: **Being Peacemakers for our Times**

Date: June 27, 2010 (7:00pm) through Saturday, July 3, 2010 (noon).
Presenter: Kathy Warren, OSF.

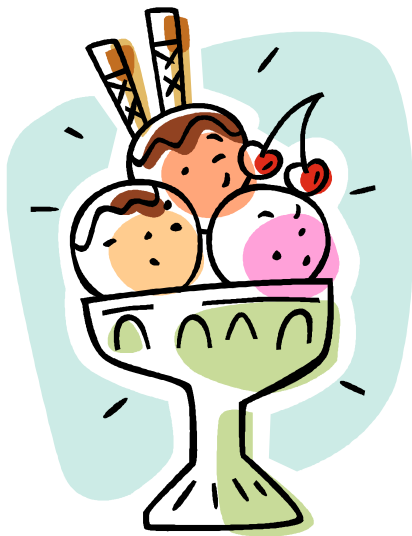
The wisdom of Francis of Assisi offers a contemporary response to healing the divisions and alienations that so afflict the world in which we live. Peacemaking and reconciliation are indeed the work of our time. How do I show respect and appreciation for differences? What does peacemaking from a Franciscan perspective involve? How does the call to on-going conversion ground my approach to the other? This retreat, rooted in the remarkable experience of Francis among the Muslims during the Fifth Crusade, will explore our urgent call to be people of peace and reconciliation in a world in need of healing. *May God give you peace!*

Sr. Kathy Warren, OSF, a Sister of St. Francis of Rochester, Minnesota, holds an MA in Religious Education from Loyola University, Chicago; a Master's in Franciscan Studies from the Franciscan Institute, St. Bonaventure University; and a Doctor of Ministry degree from the Graduate Theological Foundation, South Bend, Indiana. She is the author



of *Daring to Cross the Threshold: Francis of Assisi Encounters Sultan Malek al-Kamil* (2003). Kathy currently serves as Associate Producer for the Damietta Project, a one-hour documentary about the historic encounter between Francis and the Sultan and its poignant message for our times. She resides in Cincinnati, Ohio.

Limited to 18 persons
Registration needed by: June 1, 2010
Cost: \$400.00
(overnight, retreat fee, and meals)



ICE CREAM SOCIAL

Sunday, May 16, 2010

2:00 - 3:00 pm Ice Cream Sundaes
and conversation

3:00 - 4:00 pm

Dr. Carroll Galvin

(Waseca doctor has a passion for medicine and music)

COME AND ENJOY THE FUN!

Location: Holy Spirit Retreat Center
3864 420th Avenue
Janesville, MN

AUGUST

**A THREE DAY DIRECTED RETREAT:
AUGUST 26, 7:00 pm to August 29, 3:00 pm**

"A PATH TO PEACE"

In a world in need of peace, within and without it only begins within each person. During these days, we will have one daily input on ways that one might deepen inner peace!

... Ways in which we might learn to live a more peace-filled life.

...Time for personal and group prayer, a liturgy and quiet, plus one-to-One direction each day.

Directors: Ss. Judy Chiodo, Linda Wieser, JoAnn Haney, and Monique Schwirtz

Limited to 15 persons
Registration needed by July 1, 2010
Cost: \$225 (overnight, retreat fee, meals)
Partial scholarships available

HOLY SPIRIT RETREAT CENTER ADVISORY BOARD

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HOLY SPIRIT RETREAT CENTER TEAM

S Marita Johnson, OSF
S JoAnn Haney, OSF
S Charlotte Hesby, OSF
S Monique Schwirtz. OSF

**SERVICES FOR
INDIVIDUALS AND GROUPS:**

Retreat Center
18 bedrooms -Kitchen, Dining Room

Hermitages
Spiritual Direction
Walking Paths, Labyrinth

Mission of the Center

Holy Spirit Retreat Center, grounded in the Gospel as expressed in the Franciscan Spirit, offers opportunities for personal and spiritual growth for individuals and groups within an environment of natural beauty and solitude.

Sponsored by the Sisters of Saint Francis Rochester, MN Holy Spirit Retreat Center welcomes people of all faiths to come for awhile to listen and respond to the Spirit of God speaking within.

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Janesville, MN 56048

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